



# GILMER COUNTY BREAKFAST/LUNCH

November 5 – December 14, 2018

Milk and fresh fruit are offered with every meal. A variety of cereal and juice are offered with every breakfast. At GCHS only students have the option of Grab-N-Go and Salad Bar.

*“This institution is an equal opportunity provider.”*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov. 5 <b>Out of Calendar Day</b> <b>No School</b>	6 <b>Election Day</b> <b>No School</b>	7 <b>Variety Breakfast Loaf</b> Crispy Chicken Mashed Potatoes w/Gravy Green Pepper Strips w/Ranch WW Roll Fresh Fruit	8 <b>(Bagel)</b> Hotdog w/Sauce Potato Wedges Fresh Broccoli Fresh Fruit Choc. Chip Cookie (9-12)	9 <b>(Poptart)</b> Sausage Gravy & Biscuit Hash brown Scrambled Eggs Applesauce Fresh Fruit
		Grab-N-Go: Pizza	Grab-N-Go: Fish Sandwich	Grab-N-Go: Pizza
12 <b>Holiday</b> <b>No School</b>	13 <b>(Maple Pancake Mini)</b> Cheeseburger w/Bun RomaineLettuce/Tom. Potato Wedges Rice Krispy Bar Canned Fruit	14 <b>(Chicken Biscuit)</b> Pepperoni Pizza Caesar Salad Garlic Bread Stick w/Marinara Sauce Sherbet Fresh Fruit	15 <b>(Granola Bar)</b> Turkey Mashed Potatoes/w Gravy WW Roll Green Beans Stuffing Ice Cream Fresh Fruit	16 <b>(French Toast Minis)</b> Chicken Alfredo Garden Salad w/Romaine Broccoli w/Parmesan Bread Stick Fresh Fruit
	Grab-N-Go: Meatball Sub	Grab-N-Go: Club Sdw.	Grab-N-Go: Steak Hoagie	Grab-N-Go: Pizza
19 <b>Out of Calendar Day</b> <b>No School</b>	20 <b>Out of Calendar Day</b> <b>No School</b>	21 <b>Out of Calendar Day</b> <b>No School</b>	22 <b>Holiday</b> <b>No School</b>	23 <b>Out of Calendar Day</b> <b>No School</b>
26 <b>(Chicken Biscuit)</b> Chicken Teriyaki Vegetable Rice Steamed Broccoli Egg Roll Cookie Fresh Fruit	27 <b>(Apple Danish)</b> Pepperoni Roll String Cheese Romaine/Tomato Mix Steamed Carrots Canned Fruit	28 <b>(Sausage Biscuit)</b> Chicken Drumsticks Red Roasted Potatoes Corn WW Roll Fresh Fruit	29 <b>(Blueberry Muffin)</b> Spaghetti w/Meat Sauce Garden Salad Green Beans French Garlic Bd. Fresh Fruit	30 <b>(Poptart)</b> Taco Salad w/Salsa WG Corn Tortilla Chips Refried Beans Cinnamon Roll Canned Fruit
Grab-N-Go: Pizza	Grab-N-Go: Fish Sandwich	Grab-N-Go: Pizza	Grab-N-Go: Chicken Sandwich	Grab-N-Go: Steak Hoagie
3 <b>(Super Donut)</b> Meatloaf Mashed Potatoes w/Gravy Caesar Salad Pinto Beans Canned Fruit	4 <b>(Cinnamon Roll)</b> Chicken Nuggets Curly Fries Corn WW Roll Fresh Fruit	5 <b>(Yogurt Parfait)</b> Pizza Garden Salad Lima Beans Canned Fruit Frozen Fruit Slushie	6 <b>(Bagel)</b> Fish Sandwich Macaroni & Cheese Seasoned Peas Fresh Baby Carrots WW Bread Fresh Fruit	7 <b>(Pancakes)</b> Cheeseburger w/Bun Romaine Lettuce/Tom. Sweet Potato Fries Rice Crispy Bar Canned Fruit
Grab-N-Go: Pizza	Grab-N-Go: Steak Hoagie	Grab-N-Go: Club Sandwich	Grab-N-Go: Pepperoni Roll	Grab-N-Go: Pizza
10 <b>(Cereal Bar)</b> Salisbury Steak Mashed Potatoes w/Gravy Green Beans WW Roll Fresh Fruit	11 <b>(Breakfast Pizza)</b> Pig N Blanket Potato Wedges Broccoli w/Cheese Apple Canned Fruit	12 <b>(Biscuit &amp; Gravy)</b> Lasagna Garden Salad WG French Garlic Bread Fresh Fruit Carrot Sticks	13 <b>(Breakfast Wrap)</b> Tomato Soup w/Crackers Grilled Cheese Sdw. Red/Orange Pepper Strips Cheese Stick Canned Fruit	14 <b>(Sausage Dog)</b> Chicken Wings French Fries Baked Beans Fresh Fruit
Grab-N-Go: Pizza	Grab-N-Go: Cheeseburger	Grab-N-Go: Chicken Sdw.	Grab-N-Go: Club Sandwich	Grab-N-Go: Pizza

