



GILMER COUNTY BREAKFAST/LUNCH

August 13 – September 21, 2018

Milk and fresh fruit are offered with every meal. A variety of cereal and juice are offered with every breakfast. At GCHS only students have the option of Grab-N-Go and Salad Bar.

“This institution is an equal opportunity provider.”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 13 (WG Waffles) Pepperoni Roll Macaroni & Cheese Romaine/Tomato Mix Steamed Carrots Canned Fruit	14 (Poptart) Taco Salad WG Corn Tortilla Chips Refried Beans Corn Canned Fruit	15 Variety Breakfast Loaf Crispy Chicken Mashed Potatoes w/Gravy Baby Carrots w/Ranch WW Roll Fresh Fruit	16 (WG Bagel) Hot Ham & Cheese Sdw. Potato Wedges Fresh Broccoli Fresh Fruit Choc. Chip Cookie (9-12)	17 (Apple Danish) Sausage Biscuit & Gravy Hash brown Scrambled Eggs Applesauce Fresh Fruit
Grab-N-Go: Pizza	Grab-N-Go: Steak Hoagie	Grab-N-Go: Pizza	Grab-N-Go: Fish Sandwich	Grab-N-Go: Egg Roll
20 (Cereal w/Yogurt) Pepperoni/Cheese Stromboli w/Sauce Garden Salad Fresh Carrots Fresh Fruit	21 (Pancakes) Cheeseburger w/Bun Lettuce/Tomato Potato Wedges Rice Krispy Bar Canned Fruit	22 (Chicken Biscuit) Pepperoni Pizza Caesar Salad Garlic Bread Stick w/Marinara Sauce Sherbet Fresh Fruit	23 (Granola Bar) Chicken Patty Sdw. French Fries Baked Beans Fresh Fruit Sugar Cookie	24 (French Toast Sticks) Ravioli Garden Salad w/Romaine Broccoli w/Parmesan Fresh Fruit
Grab-N-Go: Sloppy Joe	Grab-N-Go: Pizza	Grab-N-Go: Club Sdw.	Grab-N-Go: Pizza	Grab-N-Go: Meatball Sub
27 (Cinnamon Roll) Salisbury Steak Mashed Potatoes w/Gravy Steamed Broccoli WW Roll Fresh Fruit	28 (Sausage Dog) Pizza Garden Salad Corn Canned Fruit Sidekick Slushie	29 (Breakfast Pizza) Corn Dog Macaroni and Cheese Baked Beans Fresh Fruit Peanut Butter No Bake Cookie	30 (Cereal Bar) Turkey & Cheese Sdw. Dark Green Leaf Lettuce Tomato Oven Fries Fresh Fruit Graham Snacks (9-12)	31 (Churro) Bacon/Egg/Cheese Croissant w/Salsa Tator Tots Applesauce Fruit Grain Bar (9-12) Apple Wedges
Grab-N-Go: Pizza	Grab-N-Go: Chicken Sdw.	Grab-N-Go: Roast Beef Sdw.	Grab-N-Go: BBQ Sandwich	Grab-N-Go: Cheeseburger
Sept. 3 Holiday No School	4 (Blueberry Muffin) Pepperoni Roll String Cheese Romaine/Tomato Mix Steamed Carrots Canned Fruit	5 (Sausage Biscuit) BBQ Chicken Red Roasted Potatoes Corn WW Roll Fresh Fruit	6 (Poptart) Spaghetti w/Meat Sauce Garden Salad Green Beans French Garlic Bd. Fresh Fruit	7 (Chicken Biscuit) Taco Salad w/Salsa WG Corn Tortilla Chips Refried Beans Cinnamon Roll Canned Fruit
	Grab-N-Go: Fish Sandwich	Grab-N-Go: Pizza	Grab-N-Go: Chicken Sandwich	Grab-N-Go: Steak Hoagie
10(WW Donut & Cereal) Ham Scalloped Potatoes Caesar Salad Steamed Carrots Canned Fruit	11 (Cinnamon Roll) Chicken Nuggets Mashed Potatoes Corn WW Roll Fresh Fruit	12 (WW Bagel) Chili Corn Bread Celery & Cucumbers Royal Brownie Fresh Fruit	13 (Yogurt Parfait) Macaroni & Cheese Fish Sticks Seasoned Peas Fresh Baby Carrots WW Bread Fresh Fruit	14 (Pancakes) Cheeseburger w/Bun Dark Green Leaf Lettuce/Tomato Sweet Potato Fries Rice Crispy Bar Canned Fruit
Grab-N-Go: Pizza	Grab-N-Go: Steak Hoagie	Grab-N-Go: Pepperoni Roll	Grab-N-Go: Pizza	Grab-N-Go: Fish Sandwich
17(Cereal w/String Cheese) Salisbury Steak Mashed Potatoes w/Gravy Corn WW Roll Fresh Fruit	18 (Cereal Bar) Pig N Blanket Potato Wedges Broccoli w/Cheese Apple Canned Fruit	19 (Biscuit & Gravy) Lasagna Garden Salad WG French Garlic Bread Fresh Fruit Tomato Wedges (9-12) Carrot Sticks	20 (Breakfast Wrap) Chicken Wings French Fries Mixed Veggies w/Ranch Fresh Fruit	21 (Sausage Dog) Tomato Soup w/Crackers Grilled Cheese Sdw. Carrot Sticks w/Ranch Canned Fruit
Grab-N-Go: Pizza	Grab-N-Go: Cheeseburger	Grab-N-Go: Chicken Sdw.	Grab-N-Go: Club Sandwich	Grab-N-Go: Pizza